



*A support service for adult females raped
and/or sexually abused as girls by a member of
their immediate and/or extended family*

CIS'ters



CIS'ters 2013 Training Programme

NEW DATES!

THE IMPACT OF SEXUAL EXPLOITATION/ABUSE 3 LINKED Workshops (9.30-4pm)

£180 combined fee

Session 1 - Wednesday 25th September 2013

Defining sexual exploitation/abuse
Prevalence - Victims/Survivors
Victim - Myths & Stereotypes
Offender - Behaviours/Patterns

Session 2 - Wednesday 16th October 2013

Prevention and/or Detection Strategies/Outcomes
Counting the Losses
Survival Skills (including self-harm)

Session 3 - Tuesday 12th November 2013

Responding to disclosures from victims/survivors
Retraumatization/Revictimization/Secondary Trauma
Unresolved Issues
The Reality of Letting Go

In 2010 the Department of Health highlighted that there are nationally upwards of 5million adult female survivors; and 2million child victims, who have experienced some form of sexual exploitation, abuse or violence. In addition, national estimates highlight a further 2 million adult male survivors. Aggregated total: 9million victims of sexual exploitation/abuse during childhood. Something that can no longer be ignored.

A certificate of attendance will be provided at the end of each session, and also for completion of all three sessions; and can be used for CPD purposes.



✉ **C.I.S.'ters**, PO Box 119, Eastleigh, Hampshire, SO50 9ZF

☎ 023 80 338080 📧: admin@cisters.org.uk

Registered Charity Number: 1123125

2005



Queens Award

Target audience – All Sectors

Individuals working with/supporting children&young people who might be victims of sexual exploitation/sexual abuse; or with adults who might be survivors of such experiences during childhood. These workshops are linked, providing delegates with an opportunity to discuss/explore key and related issues. All sessions need to be attended as they provide delegates with a linked training event.

The course is designed for workers who come into contact (knowingly or unknowingly) with victims/survivors and/or perpetrators of sexual violence / abuse. There are obvious links to safeguarding agendas for both children and vulnerable adults.

Whilst the course includes reference to the behaviour of offenders, the workshops are focused throughout on the experience of their victims ie child victims/adult survivors and the enduring impact of such crimes on their physical and emotional wellbeing.

The sessions will be of relevance to workers within criminal justice processes, social and health care, substance misuse and also education services (all ages). The course should also be particularly helpful to psychotherapists and counsellors (including those working within IAPT programmes); or individuals working with clients who are teenagers/young adults who might have experienced sexual exploitation/abuse.

The topic of sexual exploitation/abuse continues to be high on the agenda a number of statutory agencies as they seek an ongoing response to the **Cross Government Action Plan on prevention of violence and abuse against women and children**. The training is also, therefore, highly relevant to commissioners.

Lunch is not provided. Venue: Southampton, Hampshire

HOW TO BOOK: All three sessions need to be booked at the same time i.e. they are NOT bookable individually.

CANCELLATION POLICY:

1. Fee is non refundable if delegate is unable to attend all or some of the sessions.
2. However, if we are able to offer the course placement to someone else on a waiting list, then a cancellation fee of £25 will be made.
3. In exceptional circumstances if one session is missed, we will attempt to offer a session on a future course, though this cannot be guaranteed.
4. We reserve the right to reschedule dates if exceptional circumstances arise beyond our control.

TRAINING ORGANISER: CIS'ters, PO Box 119, Eastleigh, Hampshire, SO50 9ZF

Tel: 023 80 338080 Email: admin@cisters.org.uk

Please note that CIS'ters can also provide bespoke training sessions

PLEASE COMPLETE APPLICATION FORM AND RETURN TO:

CIS'ters Training (3LS5), **c/o FIRST CALL**, Unit 115, SBC,
343 Millbrook Rd West, Southampton SO15 0HW



APPLICATION FORM:

Full Name:	
Address:	
Phone:	
Email:	
I work in the:	Public Sector, for > Private Sector, for >
I work for	Registered charity, >
I work as an	Independent e.g. counsellor >

PAYMENT:

1. Enclose a cheque for £180 (which guarantees an immediate place):	
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or

2. Request, as an individual , an invoice (<i>note that placement will not be finalised until payment is received</i>); Please send me an invoice >	
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or

3. My employer has approved funding, details for payment are as follows:	
Purchase Order Number (must be provided at the time of booking):	
Name of the person who has authorised payment to be made (in case we have to follow up non-receipt of payment)	
Phone number of the person who has authorised payment to be made (in case we have to follow up non-receipt of payment)	
Full Address – where we need to send invoice to	

THE AGENDA – IMPROVING WORK FORCE UNDERSTANDING OF ISSUES RELATING TO VICTIMS OF SEXUAL VIOLENCE & ABUSE ?

Cross Government: Call to end violence against women and girls Action Plan (Home Office, Updated March 2013)

Preventing Suicide in England: A Cross Government Outcomes Strategy To Save Lives (Department of Health, September 2012)

Tackling child sexual exploitation: children and young people (Department of Education, July 2012)

Commissioning services for women and children who experience violence or abuse – a guide for health commissioners. (Department of Health, February 2011)

National MH Minimum Dataset (Department of Health, 2011)

Improving services for women and child victims of violence: the Department of Health Action Plan (November 2010)

Taskforce on health aspects of violence against women and children (Department of Health, March 2010) ***(delegates will be able to read an affirmation on quality of training provided by CIS'ters within the Womens SUB GROUP Report that is part of this strategic report series from DH)***

CPA Guidance (Department of Health, 2008)

Cross Government Action Plan on Sexual Violence and Abuse (Home Office, April 2007)

Implementation Guidance: Gender & Womens Mental Health (Department of Health, 2003)

Joint Inspectorate Plans 2013-2015

Constabulary, CPS, Probation and Prisons. Planned inspections will include a focus on how agencies interact in relation to protecting victims of child rape, sexual exploitation, sexual grooming, prostitution and pornography.